

Acne,

Seborrheic Dermalites

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2011-12-19 10:00 AM 22 Seborrheic Dermalites and acne

feels very hot and oily skin symptoms are I

I have been suffering from SD and acne for more than 8 years. I was under allopathic treatment which was helpful in curing the symptoms temporarily.

I was not getting the actual and permanent cure.

As per allopathic doctors are concerned, there is no real cure for SD and acne. But I came to know about homeopathic treatment in internet and there can be 100% cure for such problems.

I came to know about Dr. Sunil Mehta in internet and I first met him in November 2012. Doctor briefed me about his treatment and my role in his treatment.

Reading feedback of other patients helped me in getting idea and awareness about the treatment, which I am going to get. I was told to visit the clinic frequently along with diet chart. Really, the diet chart helped me in giving awareness about my diet and I could change to a healthy diet style.

I tried to follow the prescribed diet, which was difficult in the initial stage. But I got used to it and it became almost routine style of diet. I avoided sweets, which was my favourite!

During the course of treatment, I was explained how important my role and my life style has to be. I haven't got such type of treatments else where.

Yet, I am still waiting to understand how homeopathic pills / medicine work!

P.T.O

With this sort of treatment, I was making slow but steady progress. Now I feel like I am almost 80% better than my first visit. I am hoping that I will be 100% cured soon. In general the treatment and approach by doctor and compounders are professional and friendly. In addition to my existing disease, I also got some useful tips for my hairs, skin and other general things. In a nutshell, just follow doctor's instructions and follow strict (natural) diet, things will improve. I am having the confidence and hoping to get cured soon! R. Jyoti
31/3/24